



Welsh League Regional Events

Newborough Forest

Saturday 2nd November 2019

Sunday 3rd November 2019

EVENT DETAILS (last updated 16 Oct 19)	
Location:	SH 406635. Nearest Postcode: LL61 6SG.
Travel Directions:	Travelling W on A55, take J8A (just after Britannia Bridge crossing onto Anglesey), then A4080 signposted 'Newborough' (9 ½ miles / 15km). In Newborough village, TR, signed 'Beach'. Follow road to car park booth (£5, NRW – Wales' Forestry Commission), follow road to Beach Car Park.
Terrain:	Intricate forested sand dunes, but unusual for sand dunes, the area also has a rocky ridge, with steep crags. Some open dunes. Many paths.
Courses:	Brown, Blue, Green, Short Green, Light Green, Orange, Yellow
Registration:	Day 1 - 10.30 to 13.00: Day 2 – 10.00 to 12.30
Start Times:	Day 1 – 11.00 to 13.00: Day 2 - 10.30 to 12.30
Entry Fees:	Juniors £4 (£5), seniors £8 (£10) (non members in brackets) SI hire £1
Organiser Planner:	Jim Wood, 0788 788 5848, woodjim74@gmail.com Bill Teahan
Safety Information:	Whistles are compulsory, and in any forecast of inclement weather (wind and/or rain), cagoules will be compulsory. All competitors MUST report to DOWNLOAD (near finish) once they have started, even if they do not complete the course. Whilst all precautions are taken by the organising team, all participants take part at their own risk. A completed risk assessment is at Registration.
Personal Data:	The personal data you provide for this event will be used to process your entry, publish results, carry out safety checks (to account for all competitors) and trace missing SI cards.

Snippets (Local Information):	<p>When the Princes of Gwynedd ruled the area, they administered their kingdom by setting up courts ("Llys" in Welsh). Approaching the main beach, you will pass by "Llys Rhosyr", one of the royal courts of Llywelyn Fawr (Llywelyn the Great), in the 13th century.</p> <p>Some exposed rocks along the beach are remains of volcanic lavas from the Precambrian age. Precambrian rocks are the oldest on the planet, preceding the Cambrian when life first appeared. Cambrian rocks (and age) were named after the latinised form of Wales, Cambria.</p> <p>Red squirrels have largely disappeared from most of the British mainland, including Anglesey. From 1997, the 3,000 – 4,000 grey squirrels have been reduced to below 30 by trapping. Consequently, red squirrel numbers have increased dramatically and they are relatively common, although hard to see, in the wooded areas of Anglesey. They have recently spread back to the mainland (in around 2008) and are increasing in Gwynedd.</p>
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